

SAFECC

Week 7 Practical Safety Tips

We offer a few simple and practical safety tips that many in the club already adhere to, but we want more to “join the club”.

High Visibility Kit

One report indicates that we cyclists are the most vulnerable of all road users. We're up to 30 times more likely to get injured on the road than drivers are.

While we all have a bunch of black kit, we need to be cognizant of the added benefits of being seen. Give drivers, walkers, scooters and the rest of the road warriors a chance to see you.



Lights

If you haven't already settled into your preferred front and rear lights, we suggest you ask around at our group rides for input from other riders on what they prefer and why.

Considerations including mounting, battery life, light modes and whether you ride in the dark or not. Visit a bike shop and get their input as well.

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Consider lights that provide you with the best chance of being seen and remember, all our club rides require lights front and back.

Rear Radar Lights

Many in the club now ride with a combined radar and light or separate rear radar sensor which provides feedback on approaching vehicles to your head unit. Of course, these lights come with a cost ranging from \$200 to over \$400. You can also get a version with a camera.

While Garmin seemed to be the front runner in this technology, there are now many options to consider. Check out some reviews of the various products on the market. [Rear Radar light reviews - BikeRadar](#)



For those who have any questions, suggestions or comments, please send us an email at safecc@etobicokecycling.com and if a response is appropriate, we will get back to you as soon as we can.

Next week: To be announced

Ride Safe and Ride Longer

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